



Interstate Crossroads Area of Narcotics Anonymous
P.O. Box 715 Washington, PA 15301

ICANA Minutes

Revised Form June 2025

Date: 12/7/25 Time: 2pm

- Call meeting to order & recite the Serenity Prayer.
- Readings of The Twelve Steps, The Twelve Traditions, The Twelve Concepts & the excerpt.

• Roll call of Trusted Servants:

Area Chair	Zach L	
Vice Chair	Dana V	
Secretary	Ashley V	
Vice Secretary	Sherre C	
Treasurer	Vinnie B	
Vice Treasurer	Craig B	
RCM	Brooks V	
RCM Alternate		V
H&I Chair	Nate M	
PR Chair	Don I	
Activities Chair	Paige H	
Steering Chair	Dan M	
Literature Chair	Matt C	✓
Vice Literature Chair	Kimbire H	
Web Servant	John P	
Vice Web Servant	Kyle D	
Retreat Liaison	Drew S	
BOD	Meagen P	
Convention Liaison		V

- Recognition of anniversaries, new groups, & new GSR's.

Riley 1yr Breanne 90 Days Barbara 10 months
 Brooke 10 months Ashley 90 Days Tyler 9 months

- Any questions on last month's minutes?

NO

Robin Janssen 2
 John Couser to change
 Jeremy 3+
 Tyler - BYOB
 Nathan - How Filmarks

Subcommittee Reports

- H&I See Report 3 New Panel Leaders Help SCF Greene / ^{Wash} Hospital
- Public Relations See Report Drug Court meeting list (tentative) PR @ activities
- Activities See report New event
- RCM NONE
- Convention Liaison ^{Spic Retreat} May 22nd - 24th Murder Mystery Jan 31st
- Retreat Liaison —
- Web Servant Added to paper & ps website
- BOD NONE
- Steering motion guidelines Classification / regional meeting Post 1/24

Group Reports

Addict at Work P 25 NA

An Amazing Journey A

A New Beginning A

Available to Us All RO 3 NA

Brookwood Group A

BYOB P ND NA

Capture the Miracle P 50 Dec 15th ^{Meet} upstairs / 06th ^{5pm} Jan 3rd Ann

Carmichaels Group P 25 NA

The Choice A

Common Bond A

Courage to Change P ND NA

Diamonds in the Rough RO ND NA

Eagle's Nest Recovery RO 20 NO Christmas

Ends Are Always the Same P 80 ~~NO~~ Chili Cookoff

Freedom is in the Steps A

Give Yourself a Break A

Grow Up or Die P 40 NA

Hope & Freedom A

How It Works P 35 Not on Christmas

In Step A

Journey, Too P ND moving music Jan 6th
 Light of Exposure P 100 NA
 Literature in Motion P NA NA
 Living Clean P ND NA
 Make A Way P ND NA
 Meditation on Recovery A
 Men & Women at Work P ND NA
 Mid-day Journey A
 NA Night Cap P ND NA
 Noon Alternative A
 Pay It Forward P ND NA
 The Promise is Freedom A
 Recovery in the End A
 Saturday Night Live A
 Sink or Swim P 10 NA
 Stronger Together A
 Sunday Morning Serenity RO 60 Parking Lot
 Sunday, Sunday, Sunday RO ND Sun
 The Ties that Bind Us A
 Third Tradition P 30.30 ND
 Together Recovery is Possible P ND take off supportist
 Together We Can A
 Understanding & Application P ND NA
 Washington I RO ND NA
 Washington II A
 We Can Do It A
 We Do Recover / Clean AF A
 We're in This Together P ND we're's support
 Venetia Group A

Serenity A

- Sharing Session- Issues & Concerns.

NONE

- Old Business- Tabled motions or business from previous meetings.

NONE

- New Business- Motions or business new to the committee.

Don change HIS RR attending 1 regional meeting per term

- Nominations- for Area, Region, & World positions.

NONE
Litchner Matt still helping
table steering left discussion

Financial Subcommittee Reports

- Literature

o Beginning Balance \$ 1782.00
o Literature Sold \$ 168
o Literature Purchased \$ 1267.48
o Ending Balance \$ 2582.00

- Treasurer

o Beginning Balance \$ 3140.47
o Collected \$ 946.15
o Expenses \$ 244.40
o Closing Balance \$ 3837.02

- Close the meeting with the Serenity Prayer.

- Adjourned

Time: 0:45

Minutes submitted by (Name/title):



16 in attendance

ICANA H&I Meeting Minutes

Opened meeting with Serenity Prayer at: 12:30

Date: 12/07/23

Read the 12 Steps, 12 Traditions and 12 Concepts ✓

Monthly Budget: X

New Panel Coordinators:

New Panel Leaders: week noted for Detox
week noted for Greenbrier

Locations:

- Greenbrier Washington - get box - no other problems
- Greenbrier Washington Detox - 4th week open - box needed
- Washington County Men's Jail - need PC - got 1 more approved
- Washington County Women's Jail - 2 women approved
- Washington Hospital 3A -
- SCI Green - support
- Green County Men's Jail X
- Green County Women's Jail X
- Waynesburg Hospital Greenbrier ~~Review~~ Need panel leaders

Old Business:

New Business:

Closed meeting with Serenity Prayer at: 12:52

ICANA Activities Report

Date: 12-7-25

Opened Meeting: 1 pm

In Attendance: 16

Old Business: attendance in the sub committee

New Business: "Get your kicks in 2026"
Jan 24th
@ Trinity?
male speaker

Budget: \$1000 will be requested at next area

Closed Meeting: 1:25 pm

ICANA Public Relations Report

Date: 12/7/25

Opened the meeting with the Serenity Prayer.

Time: 1:30pm

Read 12/12/12

In Attendance: 4

Old Business:

- We got some members interested and showing up consistently now, which is pretty sweet.

New Business:

- Updated Meeting Lists (Dec. 25) will be taken up to the officer in charge of Drug court.
- We are open to do PR workshops at Area events in the future.

Closed the meeting with the Serenity Prayer.

Time: 1:40pm

RCM Alternate- ✓

BOD- ✓

H&I Chair- 3 new Panel leaders - SCI Green / Waynesburg need panel leaders

PR Chair- Taking mtg list to drug court officer. Start doing PR workshops & ICANA activities.

Activities Chair- Event coming in Jan. "Get your kicks in 2026"

Literature Chair-

- Starting Balance \$ 1,782.80
- Purchases \$ 1,262.46
- Sold \$ 468.00
- Ending Balance \$ 2,582.26

Vice Literature Chair-

Web Servant- Added website to mtg list

Vice Web Servant-

Convention Liaison-

Retreat Liaison- May 22-24 - Murder Mystery Dinner coming up

Steering Chair- ✓

Meeting closed with Serenity Prayer at:

Dec 25

Steering Committee Report

Meeting open with serenity prayer at: 2:55

Roll Call of Trusted Servants (P= Present V= Vacant A= Absent

P Area Chair: (P) P Area Vice Chair: (P) P Secretary: (P) P Vice Secretary: (P)

P Treasurer: (P) P Vice Treasurer: (P) P RCM: (P) V RCM Alternate: (V) P BOD: (P)

P H&I Chair: (P) P Public Relations: (P) P Activities Chair: (P) P Steering Chair: (P)

Literature Chair: (V) P Vice Literature Chair: (P) P Web Servant: (P) P Vice Web Servant: (P)

V Convention Liaison: (V) P Spiritual Retreat Liaison: (P)

Reports

Area Chair- /

Area Vice Chair- /

Secretary- /

Treasurer- /

- Starting Balance \$ 3,140.47
- Income \$ 946.51
- Expenses \$ 249.90
- Ending Balance \$ 3,837.08

Vice Treasurer- /

RCM- /